

PE AND SPORT PREMIUM PLAN

Funding for 2023-24 - Friars Primary Foundation School	
Total number of eligible pupils on roll	185
Total amount carried forward 2022/23	0
Total amount allocated 2023/24	£17,409
Total amount of funding for 2023/24 to be spent and reported on by 31/7/24	TOTAL: £17,409

PE and Sport Priorities for 2023-24

Conditions of grant: The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils

It is expected that schools will see an improvement against the following 5 key indicators:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement**
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
- 4. Broader experience of a range of sports and activities offered to all pupils**
- 5. Increased participation in competitive sport**

Review: This plan will be evaluated termly by the PE Subject Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.

ACTION PLAN and Budget Tracking

Cost of membership to PESSN- ALL KEY INDICATORS: <ul style="list-style-type: none"> ● Promoting healthy lifestyles through activities, workshop, CPD ● Raising the profile of sport across the school ● CPD for all staff ● Broader experiences offered ● Opportunities to take part in competitive sport 	AMOUNT ALLOCATED:	£4500
	% OF TOTAL	26%
	Amount allocated:	£4500

Key Indicator : 1. The engagement of all pupils in regular physical activity – kic			% of total allocation	74%
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To receive a minimum of two hours PE each week	Commitment to 2 good quality PE sessions each week	Dance teacher: £8400	<p>All classes have received one dance / swimming lesson and one additional PE lesson following our curriculum developed with the PESSN. This has been enriched with half termly specialist teaching from LPESSN which has provided CPD to teachers from Y1-6 as well as HLTA.</p> <p>Most children enjoy PE- as evidenced by positive attitude and engagement in lessons.(See Pupil Voice questionnaire)</p> <p>Regular dance teaching has resulted in improvements in wellbeing, parental engagement, success in competitions and general levels of confidence with dance and performance –</p> <p>Year 6 attended borough competition</p>	<p>Continue to embed the expectations of regular PE lessons. Three new teachers joined school. All have had training with LPESSN – monitor and support all adults going forward</p> <p>Use the new curriculum framework to support regular quality PE lessons –</p> <p>run an INSET session for ALL staff to show new planning tools as provided by LPESSN</p>
	One of these is dance taught by a dance specialist.	£2200		
To develop the fundamental movement skills they need to ensure they remain active later in life	*Year 3 and 4 share swimming sessions over the year (Year 4 Aut1 -Spr1 and Year 3 Spr2 – Sum2)	No cost	<p>New and updated equipment has supported more active playtimes.</p>	<p>Introduce sports leaders to support other classes with PE</p>
	Daily mile / keep fit embedded in structure of school day throughout the school from Year 3 to Year 6 daily. Every child running, jogging or walking continuously for 15 minutes daily.	Equipment for PE and Playtimes: £1000		

<p>To enjoy being healthy and active.</p>	<p>Active playgrounds – children to be provided with activities to use during playtimes to engage body and mind. Specific playground equipment, play-leaders to encourage and support games and inclusion</p> <p>Physically active activities as part of wrap around care with our after-school club.</p> <p>To promote Health and Wellbeing throughout the school (KS1 and KS2) through workshops in the Autumn and Summer terms (LPESN) and in-house TA providing yoga sessions.</p> <p>Physically active clubs in summer term: Yoga, Athletics, Dance and Football (girls, EYFS, KS1 and KS2)</p> <p>Embed Girls Football Fridays (girls only football in MUGA)</p> <p>To take part in the PESSN offer of a SEND 6-week programme with PESSN Girls Football programme (6 weeks) with PESSN</p> <p>To complete a Sports Day and Health week in the summer term</p>		<p>Children regularly play games such as basketball, football, skipping and tennis- alongside their own games and activities.</p> <p>Parents attended the Sports day and gave positive feedback – see attached photos</p> <p>Well being week for whole school included Yoga sessions for all – PV reported a ‘calmer frame of mind ’ and ‘more relaxed’ feeling</p> <p>Girl’s only Football Club has encouraged more to participate – 3 girls have been selected for Southwark jaguars</p>	<p>activities and Sports Day, organise sports events with neighbouring schools (have spoken with St Georges), meet regularly with PE subject leaders and support playground activities and games.</p> <p>To encourage more girls to attend external football clubs</p> <p>Further develop after school provision- look to engage with external providers in other areas of P.E. eg gymnastics</p>
<p>Key Indicator : 2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>			<p>Amount allocated: % of total allocation:</p>	<p>£402.57 2%</p>

INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To gain an understanding as to why physical activity is vital	<p>Assemblies celebrating our core values through our physical activities – Daily Mile Runner, resilience through sport, class participation and experience. Rewards and recognition for participation, personal achievements and demonstrating sporting values. Start our high-profile days/week with a launch assembly.</p> <p>Regular updates on school newsletter and website – sporting achievements</p> <p>Carry out a pupil survey</p> <p>Healthy schools award - Healthy School Action Plan - Implementation and evaluation (see plan)</p> <p>.</p> <p>Sharing good practice across other curriculum areas:</p> <ul style="list-style-type: none"> • Does your PE teaching enable the development of life skills that are transferred to other curriculum areas, wider school and beyond? • Does your PE teaching develop the whole person including thinking, social and personal skills? • Do you have external recognition for PE and the impact it has on the schools priorities, values and ethos? • Does your PE teaching aid fine and gross motor skill development? 	<p>Release for PE Leader (3 half days):</p> <p>£402.57</p>	<p>All children taking part - anecdotal evidence of pride and achievement. Children can say why we do the daily mile and discuss healthy lifestyles. (see pupil response)</p> <p>Successful Sports Day - high parental engagement and positive feedback from children and parents.</p> <p>Recognition externally for 'primary girl / coordinator and school of the year' at LPESSN awards</p> <p>Website posts and tweets of sporting events help to raise profile locally.</p> <p>Sporting achievements are regularly celebrated in weekly assembly.</p> <p>Successful Joint Year 6 tournament involving different sports - led by different adults depending on their expertise (e.g. basketball/ football)</p> <p>Platform cricket project enabled a year group to receive professional lessons and opportunities for those talented cricketers (and others) to take part in a local free club.</p> <p>Year 4 – winners of Kwik Cricket tournament in the Borough</p> <p>Year 3 / 4 have swimming classes throughout the year</p>	<p>Embedding daily mile in September. Classes with fit into their timetable at their convenience.</p> <p>Year 6 pre-break (year 3,4,5) after break)</p> <p>Introduce sports leaders to support other classes with PE activities, organise sports events, meet regularly with PE subject leaders and support playground activities and games. Also to help plan sports day with the PE leader.</p> <p>Once a week – introduce @what can you do in a MINUTE – ch to pair up and keep scores for one another</p>

	<ul style="list-style-type: none"> • Are sporting role models used to engage and raise achievement? • Is PE and school sport visible in the school (assemblies, notice boards, school website, local press, pupil reward and recognition of pupils) 			
Key Indicator : 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport			Amount allocated:	£4902
			% of total allocation:	26%
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To support all staff in the teaching of physical activity	<p>PESSN CPD for staff including:</p> <ul style="list-style-type: none"> • bespoke 1-1 sessions with staff-team teaching and feedback • Half Termly support sessions for PE leader • CPD support staff (TAs) working with SEND – in school support • Attend SEND festivals/events. <p>Other planned CPD :</p> <ul style="list-style-type: none"> • Sports coach delivering high quality PE sessions – modelling/support for teachers 	<p>PESSN membership cost:</p> <p>£4,500</p> <p>Supply cover for</p> <p>PE leader (3 half days):</p> <p>£402.57</p>	<p>Coach support 3 new members of staff and 2 HLTAs so all feel confident teaching in the field that they were supported</p> <p>CPD attended:</p> <p>(Teacher) - CPD - PE Lead attended subject leaders training.</p> <p>Dance teacher demonstrating lessons to staff.</p> <p>Whole school Yoga sessions May/June 2024</p> <p>Teachers have reported feeling more confident in their teaching of PE.</p> <p>One staff member is a yoga teacher and offers onsite lessons once a week to encourage wellbeing and fitness among staff members.</p>	<p>Coach to support teaching new plans that are available for all staff</p> <p>SL to attend PE SL meetings EVERY TERM</p>

Key Indicator : 4. Broader experience of a range of sports and activities offered to all pupils		Amount allocated: % of total allocation:	AS ABOVE PART OF PESSN COSTS
INTENT	IMPLEMENTATION		IMPACT
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed? Sustainability and next steps
To experience a range of different sports and skills	<p>Use of PESSN lesson plans as a starting point for broad use of skills. Class teacher led P.E sessions to focus on broader skills beyond physical</p> <p>Range of After School Clubs on offer each term based on children’s needs and interests to maximize up take:</p> <p>Children signposted to external clubs where appropriate and identified as being gifted and talented within specific areas Gross motor skills support given in small groups during curriculum to help bridge gap in access to full P.E curriculum. Run after school clubs</p> <p>PESSN Broader experiences for pupils including:</p> <ul style="list-style-type: none"> • A focus on mental health and wellbeing for Autumn term 2020 post lockdown. • SEN sport festival • SEN identification & delivery support package 	<p>PESSN membership as above</p> <p>Cost of adult to run after school clubs £531</p>	<p>All classes achieve one lesson of PE and dance a week. PE has a higher priority in school.</p> <p>Cricket specialists from Platform Cricket have raised the profile of cricket in school enabling children to attend competitions with confidence.</p> <p>Reagan Football coaches running clubs 3 times each week so that ALL children have the opportunity to attend</p> <p>Other Sports clubs are also in place such as athletics, tennis, football and multi skills.</p> <p>Gross motor skills activities have supported children joining in with class PE lessons.</p> <p>Broader experiences:</p> <p>Mental health focus:</p> <p>Children are able to talk about different strategies to deal with strong emotions and name who they would go to if they needed help and support.</p> <p>Yoga sessions were well received and helped to promote mindfulness.</p> <p>SEN bowling experience had a huge impact in widening the children’s</p> <p>New Curriculum framework in place for September</p> <p>Ensure ALL staff are aware of new planning format</p> <p>Continue to review after school clubs and ensure that there is a range of sports on offer.</p> <p>Publicise other local opportunities.</p> <p>Continue to embed activities that develop gross motor skills and support teachers to adapt their planning accordingly.</p> <p>Promote opportunities away from school- e.g. residential to increase uptake.</p>

<p>Aims of Platform Cricket: Increase the number of children in London participating in cricket</p> <p>Increase the amount of children from disadvantaged and BAME backgrounds participating in cricket</p>	<ul style="list-style-type: none"> ● Aim to attend leagues per year with a range of children and including both boys and girls ● Each year group in KS2 to attend at least 2 competitions throughout the year. <p>Our aim is to engage more girls in sport. To this end, the PESSN are offering a FA girls program: a 6-week taster session with up to 60 girls and then offer pathways to play football out of school. We also have Girls Football Fridays</p> <p>Weekly dance lessons from Pioneer Dance for all age groups from Nursery to Year 6. Competitions and gifted and talented clubs run regularly. Parents attend whole school performances on a termly basis.</p> <p>Cricket coaching offered to Y4 with the opportunity to attend free out of school clubs organised by Platform Cricket.</p> <p>Make links with local soccer school to run club for all pupils across the school</p>	<p>Included in specialist teacher costs above.</p> <p>No cost</p>	<p>experiences and developing their vocabulary.</p> <p>Each year group attended competitions (see below)</p> <p>Dance competition where all children were involved and included. Performance for parents in the playground with all children dancing was well attended and positive feedback was received.</p> <p>Every year group in the school has had the opportunity to attend clubs</p> <p>–</p> <p>3 clubs run</p> <p>i) Early years to year 3</p>	
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<p>Support personal and social development through cricket</p> <p>Make links with clubs in the community to encourage children to attend after school sports clubs</p>		<p>Cost of club covered by pupil (PP children have free clubs)</p>	<p>ii) Year 3 to Year 6 iii) Girls' football</p>	<p>To play competitively (PESSN)</p> <p>To make links with local schools so ch have a greater opportunity to compete at a local level</p>
<p>Key Indicator : 5. Increased participation in competitive sport</p>			<p>Amount allocated: % of total allocation:</p>	<p>AS ABOVE PART OF PESSN COSTS</p>
<p>INTENT</p>	<p>IMPLEMENTATION</p>		<p>IMPACT</p>	
<p>Clear focus</p>	<p>Actions to achieve intentions</p>	<p>Funding allocated/ Spent</p>	<p>Evidence of impact- what has changed?</p>	<p>Sustainability and next steps</p>
<p>To celebrate their success and develop the drive to improve</p>	<p>LPSSN Competitions/festivals including:</p> <ul style="list-style-type: none"> • Athletics • Football • Benchball • Basketball • Dance • Boxing fitness • Rounders • Multi-skills festival • Bowling • Sailing • SEND festival of sport 	<p>Additional adult costs to take children to sports tournaments.</p> <p>£376.86</p> <p>Approximatel y 12 events over the year with 2 adults to take the children:</p>	<p>Each year group participated in at least two competitions. Some of these were in sports not experienced by the children before (cricket, rounders) this was a challenge for the groups involved.</p> <p>Children who attended the competitions spoke positively about them and were excited to attend. Presentations in assembly helped to raise the profile.</p> <p>Competitions are beginning to become part of the expectations.</p>	<p>Continue to prioritise LPSSN competitions next year- system in place to help quick sign up for popular events.</p> <p>Continue to reinforce attending competitions as part of the PE expectations and build this into the planning of the curriculum next year so that the skills are taught prior to the competition taking place.</p>

				Wider sharing of achievements through newsletter and assemblies
SWIMMING				
	Provision of swimming for Year 3 and 4.	Cost of swimming pool and instructor (Over and above NC requirement): £2200	Meeting NC Requirements for Swimming and Water Safety:	
			What % of the current Y6 cohort swim competently, confidently and proficient over a distance of 25m?	60%
			What % of the current Y6 cohort use a range of strokes effectively	55%
			What % of your current Y6 cohort perform safe self-rescue in different water based situations	55%
		Total Cost: £17,409	Year 3 and 4 have swum this year.	