

PE AND SPORT PREMIUM PLAN



Funding for 2022-23 -Friars Primary Foundation School	
Total number of eligible pupils on roll	185
Total amount carried forward 2021/22	0
Total amount allocated 2022/23	£17,520
Total amount of funding for 2022/23 to be spent and reported on by 31/7/23	TOTAL: £17,520
PE and Sport Priorities for 2022-23	
<p>Conditions of grant: The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils</p> <p>It is expected that schools will see an improvement against the following 5 key indicators:</p> <ol style="list-style-type: none"> 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles 2. The profile of PE and sport being raised across the school as a tool for whole school improvement 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport 4. Broader experience of a range of sports and activities offered to all pupils 5. Increased participation in competitive sport 	
<p>Review: This plan will be evaluated termly by the PE Subject Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.</p>	

ACTION PLAN and Budget Tracking		
<p>Cost of membership to PESSN- ALL KEY INDICATORS:</p> <ul style="list-style-type: none"> ● Promoting healthy lifestyles through activities, orkshop, CPD ● Raising the profile of sport across the school ● CPD for all staff ● Broader experiences offered ● Opportunities to take part in competitive sport 	AMOUNT ALLOCATED:	£5500
	% OF TOTAL	31%
	Amount allocated:	£13,140
Key Indicator : 1. The engagement of all pupils in regular physical activity – kick-starting	% of total allocation	75%
INTENT	IMPLEMENTATION	IMPACT

Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
<p>To receive a minimum of two hours PE each week</p> <p>To develop the fundamental movement skills they need to ensure they remain active later in life</p> <p>To enjoy being healthy and active.</p>	<p>Commitment to 2 good quality PE sessions each week</p> <p>One of these is dance taught by a dance specialist.</p> <p>KS1 to have two extra 15 minute sessions a week in the afternoon focused on the FMS.</p> <p>Daily mile embedded in structure of school day throughout the school from Year 3 to Year 6 daily. Every child running, jogging or walking continuously for 15 minutes daily.</p> <p>Active learning in the curriculum</p> <p>Promote walk to school – TFL STARS</p> <p>Active playgrounds – children to be provided with activities to use during playtimes to engage body and mind. Specific playground equipment, play-leaders to encourage and support games and inclusion</p> <p>Physically active activities as part of wrap around care with our after school club.</p> <p>To promote Health and Wellbeing throughout the school (KS1 and KS2) through workshops in the Autumn and Summer terms (PESSN) and in-house TA providing yoga sessions.</p>	<p>Dance teacher: £8640</p> <p>No cost</p> <p>Equipment for PE and Playtimes: £1000</p>	<p>All classes have received one dance lesson and one additional PE lesson following our curriculum developed with the PESSN. This has been enriched with half termly specialist teaching from PESSN which has provided CPD to teachers from Y1-6.</p> <p>Most children enjoy PE- as evidenced by positive attitude, engagement in lessons and pupil voice.</p> <p>Regular dance teaching has resulted in improvements in wellbeing, parental engagement, success in competitions and general levels of confidence with dance and performance.</p> <p>Observations of playtime show that the children are active and take part in a range of activities- new equipment has supported this. Children regularly play games such as basketball, football and tennis- alongside their own games and activities.</p> <p>Sports leaders were introduced to support the playground games, running of events, KS1 FMS sessions and meet regularly with PE lead.</p> <p>Parents attended the Sports day and gave positive feedback.</p> <p>A half term of resilience workshops with targeted children helped them to learn strategies for managing their emotions and keeping calm.</p> <p>Awarded Gold Travel Award for next three years.</p>	<p>Continue to embed the expectations of regular PE lessons. Teachers will from next year teach their own PE lessons having had support with CPD.</p> <p>Use the new curriculum framework to support regular quality PE lessons.</p> <p>Introduce new sports leaders.</p> <p>Further develop after school provision- look to engage with external providers where there are gaps.</p> <p>Consider TA in school running a yoga intervention.</p>

	<p>Physically active clubs in summer term: Yoga, Athletics, Dance and Cheerleading</p> <p>Introduce Girls Football Fridays (girls only football in MUGA)</p> <p>To take part in the PESSN offer of a Capoeira and Mindfulness workshop (3 week) and Yoga resilience Workshops (6 week)</p> <p>SEND 6-week programme with PESSN</p> <p>Girls Football programme (6 weeks) with PESSN</p> <p>To complete a Sports Day and Health week in the summer term</p>			
<p>Key Indicator : 2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>			<p>Amount allocated:</p> <p>% of total allocation:</p>	<p>£402.57</p> <p>2%</p>
INTENT	IMPLEMENTATION		IMPACT	
<p>Clear focus</p>	<p>Actions to achieve intentions</p>	<p>Funding allocated/ Spent</p>	<p>Evidence of impact- what has changed?</p>	<p>Sustainability and next steps</p>
<p>To gain an understanding as to why physical activity is vital</p>	<p>Assemblies celebrating our core values through our physical activities – Daily Mile Runner, resilience through sport, class participation and experience. Rewards and recognition for participation, personal achievements and demonstrating sporting values. Start our high profile days/week with a launch assembly.</p> <p>Regular updates on school newsletter and website – sporting achievements</p> <p>Carry out a pupil survey</p> <p>Sharing good practice across other curriculum areas:</p>	<p>Release for PE Leader (3 half days):</p> <p>£402.57</p>	<p>All children taking part - anecdotal evidence of pride and achievement. Children can say why we do the daily mile and discuss healthy lifestyles.</p> <p>However, we need to encourage more running and less walking now that it has been introduced.</p> <p>Successful Sports Day - high parental engagement and positive feedback from children and parents.</p> <p>Recognition externally from Fit media as 'fittest Y5 children' in the Borough, awarded at the LPESSN awards night. Further nominations included, 'Y5 Athletics team of</p>	<p>Embedding daily mile in September. Classes with fit into their timetable at their convenience. TAs to take a lead.</p> <p>Introduce new sports leaders.</p> <p>Apply for Healthy Schools Award</p>

	<ul style="list-style-type: none"> • Does your PE teaching enable the development of life skills that are transferred to other curriculum areas, wider school and beyond? • Does your PE teaching develop the whole person including thinking, social and personal skills? • Do you have external recognition for PE and the impact it has on the schools priorities, values and ethos? • Does your PE teaching aid fine and gross motor skill development? • Are sporting role models used to engage and raise achievement? • Is PE and school sport visible in the school (assemblies, notice boards, school website, local press, pupil reward and recognition of pupils) 		<p>the year', 'School of the year', three children nominated for, 'Primary boy of the year' and one girl nominated for 'Primary girl of the year'. Two teachers nominated for 'teacher of the year' and 'pe coordinator of the year'</p> <p>Website posts and tweets of sporting events help to raise profile locally.</p> <p>Newsletter achievements are shared across the four schools in the federation.</p> <p>Sporting achievements are regularly celebrated in weekly assembly and on a TV monitor at the front gate.</p> <p>Successful Joint Year 6 tournament involving different sports - led by different adults depending on their expertise (e.g. basketball/football)</p> <p>Platform cricket project enabled a year group to receive professional lessons and opportunities for those talented cricketers (and others) to take part in a local free club.</p> <p>All KS2 classes have swimming lessons throughout the year.</p>	
Key Indicator : 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport			Amount allocated: % of total allocation:	£4902 28%
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To support all staff in the teaching of physical activity	PESSN CPD for staff including: <ul style="list-style-type: none"> • bespoke 1-1 sessions with staff- team teaching and feedback • Half Termly support sessions for PE leader • CPD support staff (TAs) working with SEND – in school support • Attend SEND festivals/events. 	PESSN membership cost: £4,500	Coach from PESSN carried out a half termly team-teaching programme with all teachers to improve their confidence and understanding of teaching PE to further develop their practice. Teachers have reported feeling more confident in their teaching of PE	New PE lead to attend subject leader networking and training events run by PESSN. SEND coach from PESSN to continue running SEND sessions in September.

	<p>Other planned CPD :</p> <ul style="list-style-type: none"> Sports coach delivering high quality PE sessions – modelling/support for teachers 	<p>Supply cover for PE leader (3 half days): £402.57</p>	<p>SEND coach from PESSN ran a 6 week PE programme for SEND children across the school with the help of TA's ins school. This provided CPD for these TA's in how they can support their 1:1's in PE.</p> <p>CPD attended: (Teacher) - CPD - PE Lead attended subject leaders training.</p> <p>One staff member is a yoga teacher and offers onsite lessons once a week to encourage wellbeing and fitness among staff members.</p>	
<p>Key Indicator : 4. Broader experience of a range of sports and activities offered to all pupils</p>			<p>Amount allocated: % of total allocation:</p>	<p>Included elsewhere</p>
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To experience a range of different sports and skills	<p>Use of PESSN lesson plans as a starting point for broad use of skills. Class teacher led P.E sessions to focus on broader skills beyond physical</p> <p>Range of After School Clubs on offer each term based on children's needs and interests to maximize up take:</p> <p>Children signposted to external clubs where appropriate and identified as being gifted and talented within specific areas</p> <p>Gross motor skills support given in small groups during curriculum to help bridge gap in access to full P.E curriculum.</p> <p>Run after school clubs</p>	<p>PESSN membership as above</p> <p>Cost of adult to run after school clubs</p>	<p>All classes achieve one lesson of PE and dance a week. PE has a higher priority in school. Coverage of the curriculum has improved since the disruption of COVID. This has meant that a broader range of sports, activities and skills have been taught.</p> <p>Cricket specialists from Platform Cricket have raised the profile of cricket in school enabling children to attend competitions with confidence.</p> <p>Ballet specialists from The Central School of Ballet taught a series of lessons which was well received by those who took part and offered a type of dance that is different from the street dance taught by our dance specialist.</p>	<p>Continue to review after school clubs and ensure that there is a range of sports on offer.</p> <p>Publicise other local opportunities.</p> <p>Continue to embed activities that develop gross motor skills and support teachers to adapt their planning accordingly.</p> <p>Promote opportunities away from school- e.g. residential to increase uptake.</p>

<p>Aims of Platform Cricket: Increase the number of children in London participating in cricket</p> <p>Increase the amount of children from</p>	<p>PESNN Broader experiences for pupils including:</p> <ul style="list-style-type: none"> ● A focus on mental health and wellbeing for Autumn term 2020 post lockdown. ● SEN sport festival ● SEN identification & delivery support package ● Opportunities to watch professional sports matches ● Each year group in KS2 to attend at least 2 competitions throughout the year. <p>Our aim is to engage more girls in sport. To this end, the PESNN are offering a FA girls program: a 6-week taster session with up to 60 girls and then offer pathways to play football out of school. We also have Girls Football Fridays</p> <p>Weekly dance lessons from Pioneer Dance for all age groups from Nursery to Year 6. Competitions and gifted and talented clubs run regularly. Parents attend whole school performances on a termly basis.</p> <p>Cricket coaching offered to Y4 with the opportunity to attend free out of school clubs organised by Platform Cricket.</p>	<p>Included in specialist teacher costs above.</p> <p>No cost</p>	<p>Other Sports clubs are also in place such as athletics, cheerleading and football. Gross motor skills activities have supported children joining in with class PE lessons.</p> <p>Broader experiences:</p> <p>Mental health focus:</p> <p>Children are able to talk about different strategies to deal with strong emotions and name who they would go to if they needed help and support.</p> <p>Yoga sessions were well received and helped to promote mindfulness.</p> <p>Each year group attended competitions (see below)</p> <p>Dance competition where all Y5 children were involved and included. Performance for parents in the playground with all children across the school dancing was well attended and positive feedback was received.</p>	
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disadvantaged and BAME backgrounds participating in cricket				
Support personal and social development through cricket				
Key Indicator : 5. Increased participation in competitive sport			Amount allocated:	£2248
			% of total allocation:	13%
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To celebrate their success and develop the drive to improve	<p>LPESN Competitions/festivals including:</p> <ul style="list-style-type: none"> • Athletics • Football • Benchball • Basketball • Dance • Boxing fitness • Rounders • Multi-skills festival • Bowling • Sailing • SEND festival of sport 	<p>Additional adult costs to take children to sports tournaments</p> <p>£376.86</p> <p>Approximate ly 12 events over the year with 2 adults to take the children:</p>	<p>Each year group participated in at least two competitions or events. Some of these were in sports not experienced by the children before (cricket, capoeira) this was a challenge for the groups involved.</p> <p>Children who attended the competitions spoke positively about them and were excited to attend. Presentations in assembly helped to raise the profile.</p> <p>Competitions are beginning to become part of the expectations.</p>	<p>Continue to prioritise LPESN competitions next year- system in place to help quick sign up for popular events.</p> <p>Continue to reinforce attending competitions as part of the PE expectations and build this into the planning of the curriculum next year so that the skills are taught prior to the competition taking place.</p> <p>Wider sharing of achievements through newsletter and assemblies</p>
SWIMMING				
	Provision of swimming for Year 3 and 4.		Meeting NC Requirements for Swimming and Water Safety:	

		Cost of swimming pool and instructor (Over and above NC requirement) : £2198	What % of the current Y6 cohort swim competently, confidently and proficient over a distance of 25m?	55%
			What % of the current Y6 cohort use a range of strokes effectively	55%
			What % of your current Y6 cohort perform safe self-rescue in different water based situations	55%
		Total Cost: £17,520	Unable to book additional swimming for the current Y6 cohort. Unfortunately, this class had swimming disrupted by Covid. Year 3 and 4 have swum this year.	