

## PE AND SPORT PREMIUM PLAN



### Funding for 2021-22-Friars Primary Foundation School

Total number of eligible pupils on roll	188
Total amount carried forward 2020/21	0
Total amount allocated 2021/22	<b>£20,693</b>
Total amount of funding for 2021/22 to be spent and reported on by 31/7/22	<b>TOTAL: £20,693</b>

### PE and Sport Priorities for 2021-22

**Conditions of grant:** The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Review:** This plan will be evaluated termly by the PE Subject Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.

### ACTION PLAN and Budget Tracking

<b>Key Indicator : 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</b>			Amount allocated:	£13,140
			% of total allocation:	75%
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To receive a minimum of two hours PE each week	Commitment to 2 good quality PE sessions each week	Dance teacher:	All classes have received one dance lesson and one additional PE lesson following our curriculum developed with	Continue to embed the expectations of regular PE lessons. Teachers

<p>To develop the fundamental movement skills they need to ensure they remain active later in life</p> <p>To enjoy being healthy and active.</p>	<p>One of these is dance taught by a dance specialist.</p> <p>Half a day a week coaching from PESSN.</p> <p>Daily mile embedded in structure of school day throughout the school from Year 3 to Year 6 daily. Every child running, jogging or walking continuously for 15 minutes daily.</p> <p>Active learning in the curriculum</p> <p>Promote walk to school – TFL STARS</p> <p><b>Active playgrounds</b> – children to be provided with activities to use during playtimes to engage body and mind. Specific playground equipment, play-leaders to encourage and support games and inclusion</p> <p>Physically active activities as part of wrap around care with our after school club.</p> <p>Football league matches in spring term which includes players of all genders (minimum of 2 girls per team).</p> <p>To promote Health and Wellbeing throughout the school (KS1 and KS2) through workshops in the Autumn and Summer terms (PESSN) and in house TA providing yoga sessions.</p> <p>Physically active clubs in summer term: Tennis, Yoga, Athletics, Dance</p>	<p>£8640</p> <p>Coach from PESSN: £3500</p> <p>No cost</p> <p>Equipment for PE and Playtimes: £1000</p>	<p>the PESSN. This has been enriched with half termly specialist teaching from PESSN which has provided CPD to teachers from Y1-6.</p> <p>Most children enjoy PE- as evidenced by positive attitude and engagement in lessons.</p> <p>Regular dance teaching has resulted in improvements in wellbeing, parental engagement, success in competitions and general levels of confidence with dance and performance.</p> <p>Observations of playtime show that the children are active and take part in a range of activities- new equipment has supported this. Children regularly play games such as basketball, football and tennis- alongside their own games and activities.</p> <p>Parents attended the Sports day and gave positive feedback</p> <p>A series of ballet lessons for Year 1 and 3 which had immediate positive impact with wellbeing and improvements in techniques.</p>	<p>will from next year teach their own PE lessons having had support with CPD.</p> <p>Use the new curriculum framework to support regular quality PE lessons</p> <p>Introduce sports leaders to support other classes with PE activities, organise sports events, meet regularly with PE subject leaders and support playground activities and games. Also to help plan sports day with the PE leader.</p> <p>Further develop after school provision- look to engage with external providers where there are gaps</p> <p>Ballet to continue in same year groups to further develop their skills.</p>
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	To take part in the PESSN offer of a whole day Yoga and Mindfulness workshop; To complete a Sports Day and Health week in the summer term;			
<b>Key Indicator : 2. The profile of PE and sport being raised across the school as a tool for whole school improvement</b>			Amount allocated: % of total allocation:	<b>£402.57</b> <b>2%</b>
<b>INTENT</b>	<b>IMPLEMENTATION</b>		<b>IMPACT</b>	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To gain an understanding as to why physical activity is vital	<p><b>Assemblies</b> celebrating our core values through our physical activities – Daily Mile Runner, resilience through sport, league accomplishment and class participation and experience. Rewards and recognition for participation, personal achievements and demonstrating sporting values. Start our high profile days/week with a launch assembly.</p> <p>Regular updates on school newsletter and website – sporting achievements</p> <p>Carry out a pupil survey</p> <p>Healthy schools award - Healthy School Action Plan - Implementation and evaluation (see plan)</p> <p>Sharing good practice across other curriculum areas:</p> <ul style="list-style-type: none"> <li>Does your PE teaching enable the development of life skills that are transferred to other curriculum areas, wider school and beyond?</li> </ul>	Release for PE Leader (3 half days):  <b>£402.57</b>	<p>All children taking part - anecdotal evidence of pride and achievement. Children can say why we do the daily mile and discuss healthy lifestyles.</p> <p>However we need to encourage more running and less walking now that it has been introduced.</p> <p>Successful Sports Day - high parental engagement and positive feedback from children and parents.</p> <p>Recognition externally for 'sports player of the year' at LPESSN awards</p> <p>Website posts and tweets of sporting events help to raise profile locally.</p> <p>Newsletter achievements are shared across the four schools in the federation.</p> <p>Sporting achievements are regularly celebrated in weekly assembly.</p> <p>Successful Joint Year 6 tournament involving different sports - led by different adults depending on their expertise (e.g. basketball/ football)</p>	<p>Embedding daily mile in September. Classes with fit into their timetable at their convenience. TAs to take a lead.</p> <p>Introduce sports leaders to support other classes with PE activities, organise sports events, meet regularly with PE subject leaders and support playground activities and games. Also to help plan sports day with the PE leader.</p> <p>Look to develop stronger links with other schools in the federation- to share good practice (as CPD) and planning and develop staff confidence</p>

	<ul style="list-style-type: none"> <li>• Does your PE teaching develop the whole person including thinking, social and personal skills?</li> <li>• Do you have external recognition for PE and the impact it has on the schools priorities, values and ethos?</li> <li>• Does your PE teaching aid fine and gross motor skill development?</li> <li>• Are sporting role models used to engage and raise achievement?</li> <li>• Is PE and school sport visible in the school (assemblies, notice boards, school website, local press, pupil reward and recognition of pupils)</li> </ul>		<p>Platform cricket project enabled a year group to receive professional lessons and opportunities for those talented cricketers (and others) to take part in a local free club.</p> <p>All KS2 classes have swimming lessons throughout the year.</p>	
<p><b>Key Indicator : 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport</b></p>			<p>Amount allocated:</p> <p>% of total allocation:</p>	<p>£4902</p> <p>28%</p>
INTENT	IMPLEMENTATION		IMPACT	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To support all staff in the teaching of physical activity	<p>PESSN CPD for staff including:</p> <ul style="list-style-type: none"> <li>• bespoke 1-1 sessions with staff-team teaching and feedback</li> <li>• Half Termly support sessions for PE leader</li> <li>• CPD support staff (TAs) working with SEND – in school support</li> <li>• Attend SEND festivals/events.</li> </ul> <p>Other planned CPD :</p> <ul style="list-style-type: none"> <li>• Sports coach delivering high quality PE sessions – modelling/support for teachers</li> <li>• Lockdown online workshops and support for children and families</li> </ul>	<p>PESSN membership cost:</p> <p>£4,500</p> <p>Supply cover for PE leader (3 half days):</p> <p><b>£402.57</b></p>	<p>CPD attended:</p> <p>(Teacher) - CPD - PE Lead attended subject leaders training.</p> <p>Girls Football for year 4.</p> <p>PESSN coach demonstrating lessons for all teachers in Y1-6</p> <p>PESSN trainer team teaching and working closely with teachers to develop their practice.</p> <p>Dance teacher demonstrating lessons to staff.</p> <p>Whole school Yoga sessions May/June 2022</p>	<p>Develop link TA role- to support staff further and increase the uptake of events and opportunities</p> <p>Use of materials for clubs next year</p> <p>Further opportunities to develop all staff- including TAs supervising at playtimes and lunchtimes- develop role of playground buddies</p> <p>Yoga teaching to be offered to all schools in</p>

			<p>Teachers have reported feeling more confident in their teaching of PE.</p> <p>One staff member is a yoga teacher and offers onsite lessons once a week to encourage wellbeing and fitness among staff members.</p>	the federation to continue with promoting staff wellbeing and fitness.
<p><b>Key Indicator : 4. Broader experience of a range of sports and activities offered to all pupils</b></p>			<p>Amount allocated:</p> <p>% of total allocation:</p>	Included elsewhere
<b>INTENT</b>	<b>IMPLEMENTATION</b>		<b>IMPACT</b>	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To experience a range of different sports and skills	<p>Use of PESSN lesson plans as a starting point for broad use of skills. Class teacher led P.E sessions to focus on broader skills beyond physical</p> <p>Range of After School Clubs on offer each term based on children’s needs and interests to maximize up take:</p> <p>Children signposted to external clubs where appropriate and identified as being gifted and talented within specific areas Gross motor skills support given in small groups during curriculum to help bridge gap in access to full P.E curriculum. Run after school clubs</p> <p>PESSN Broader experiences for pupils including:</p>	<p>PESSN membership as above</p> <p>Cost of adult to run after school clubs (included in coaching costs)</p>	<p>All classes achieve one lesson of PE and dance a week. PE has a higher priority in school. Coverage of the curriculum has improved since the disruption of COVID. This has meant that a broader range of sports, activities and skills have been taught.</p> <p>Cricket specialists from Platform Cricket have raised the profile of cricket in school enabling children to attend competitions with confidence.</p> <p>Ballet specialists from The Central School of Ballet taught a series of lessons which was well received by those who took part and offered a type of dance that is different from the street dance taught by our dance specialist.</p> <p>Other Sports clubs are also in place such as athletics, tennis, football and multi skills.</p> <p>Gross motor skills activities have supported children joining in with class PE lessons.</p>	<p>New Curriculum framework in place for September- aligned with the four schools - to allow for more collaboration and skill sharing. Further opportunities to work with others and take part in events.</p> <p>Continue to review after school clubs and ensure that there is a range of sports on offer.</p> <p>Publicise other local opportunities.</p> <p>Continue to embed activities that develop gross motor skills and support teachers to adapt their planning accordingly.</p>

<p>Aims of Platform Cricket: Increase the number of children in London participating in cricket</p> <p>Increase the amount of children from disadvantaged and BAME backgrounds participating in cricket</p> <p>Support personal and social development through cricket</p>	<ul style="list-style-type: none"> <li>• A focus on mental health and wellbeing for Autumn term 2020 post lockdown.</li> <li>• SEN sport festival KS1</li> <li>• SEN identification package</li> <li>• Other sporting/physical activity opportunities such as badminton, ice-skating, trampoline, seated volleyball</li> <li>• Opportunities to watch professional sports matches</li> <li>• Aim to attend leagues per year with a range of children and including both boys and girls</li> <li>• Each year group in KS2 to attend at least 2 competitions throughout the year.</li> </ul> <p>Our aim is to engage more girls in sport. To this end, the PESSN are offering a FA girls program: a 6-week taster session with up to 60 girls and then offer pathways to play football out of school.</p> <p>Weekly dance lessons from Pioneer Dance for all age groups from Nursery to Year 6. Competitions and gifted and talented clubs run regularly. Parents attend whole school performances on a termly basis.</p> <p>Cricket coaching offered to Y6 and Y4 with the opportunity to attend free out of school clubs organised by Platform Cricket.</p>	<p>Included in specialist teacher costs above.</p> <p>No cost</p>	<p><b>Broader experiences:</b></p> <p>Mental health focus: Children are able to talk about different strategies to deal with strong emotions and name who they would go to if they needed help and support.</p> <p>Yoga sessions were well received and helped to promote mindfulness.</p> <p>SEN sailing experience had a huge impact in widening the children's experiences and developing their vocabulary.</p> <p>Only football league ran this year due to limited numbers from other schools in other sports</p> <p>Each year group attended competitions (see below)</p> <p>Dance competition where all children were involved and included. Performance for parents in the playground with all children dancing was well attended and positive feedback was received.</p>	<p>Promote opportunities away from school- e.g. residential to increase uptake.</p>
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<b>Key Indicator : 5. Increased participation in competitive sport</b>			Amount allocated:	£2248
			% of total allocation:	13%
<b>INTENT</b>	<b>IMPLEMENTATION</b>		<b>IMPACT</b>	
Clear focus	Actions to achieve intentions	Funding allocated/ Spent	Evidence of impact- what has changed?	Sustainability and next steps
To celebrate their success and develop the drive to improve	<p>LPESSN Competitions including:</p> <ul style="list-style-type: none"> <li>• Cross country running</li> <li>• Tournaments</li> <li>• KS1 experiences</li> <li>• KS2 challenge days</li> <li>• Leagues – try to attend 3 per year</li> <li>• Virtual competitions</li> </ul> <p>Sports coach to train/prepare teams for participation</p> <p>Dance competitions</p>	<p>Additional adult costs to take children to sports tournaments.</p> <p>£50</p> <p>Approximately 12 events over the year with 2 adults to take the children:</p>	<p>Each year group participated in at least two competitions. Some of these were in sports not experienced by the children before (cricket, rounders) this was a challenge for the groups involved.</p> <p>Children who attended the competitions spoke positively about them and were excited to attend. Presentations in assembly helped to raise the profile.</p> <p>Competitions are beginning to become part of the expectations.</p>	<p>Continue to prioritise LPESSN competitions next year- system in place to help quick sign up for popular events.</p> <p>Continue to reinforce attending competitions as part of the PE expectations and build this into the planning of the curriculum next year so that the skills are taught prior to the competition taking place.</p> <p>Wider sharing of achievements through newsletter and assemblies</p>
<b>SWIMMING</b>				
	Provision of swimming all of Key Stage 2.	<p>Cost of swimming pool and instructor (Over and above NC requirements ) : £2198</p> <p><b>Total Cost:</b> <b>£20,693</b></p>	<b>Meeting NC Requirements for Swimming and Water Safety:</b>	
			What % of the current Y6 cohort swim competently, confidently and proficient over a distance of 25m?	57%
			What % of the current Y6 cohort use a range of strokes effectively	57%
			What % of your current Y6 cohort perform safe self-rescue in different water based situations	57%

			Unable to book additional swimming for the current Y6 cohort. Unfortunately this class had swimming disrupted by Covid. Year 3-6 have swum this year.