



**NATIONAL CURRICULUM 2014**

**PE**

# CHANGES TO THE EXISTING CURRICULUM FOR 2014

the following changes are either **new objectives** or **new aspects** of existing curriculum objectives:

## KS1 –

- Master basic movements such as **running, jumping, throwing, catching**, as well as developing balance, agility and coordination, and begin to apply these in a range of activities
- Swim competently, confidently and proficiently over a distance of at least **25 metres**
- Perform **safe self rescue in different water based situations**

## KS2 –

- ✓ Develop **flexibility, strength, technique, control and balance** (for example, through athletics and gymnastics)
- ✓ Take part in outdoor and adventurous activity challenges both individually and within **a team**
- ✓ Perform **safe self rescue in different water based situations**



# HOW WE HAVE ORGANISED THE NATIONAL CURRICULUM PE OBJECTIVES ACROSS EACH YEAR GROUP AND EACH TERM.

See separate document

# SO WHAT DOES THIS LOOK LIKE IN REALITY AT FRIARS...

- All of the PE skills outlined previously are transferable and able to be taught in a cross curricular way (i.e. they can fit into any CLJ unit)
- Using the PE and Sports premium we will continue to work with the London PE school sports partnership to develop teaching skills and to take advantage of a wide range of competitive opportunities in and out of school
- Using the PE and Sports premium we will continue to work with ELMS sports who will deliver curricular PE teaching with a specialist coach and after school clubs
- There are essentially 4 elements to PE and sport at Friars:
  1. Dance – all classes to be taught by Chantal Joseph, specialist dance teacher
  2. Curricular PE – taught by the class teacher
  3. Curricular PE – taught by the ELMS sports coach
  4. Swimming – taught from Y2 to Y6 at Guys Hospital Pool by a specialist dance teacher